The Eleventh Step Prayer

The Prayer of St. Francis

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

O Divine Master, grant that I may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life. Amen.

Traditional. Often called the Prayer of St. Francis, though St. Francis of Assisi didn't write it. It first appeared in France in the early 1900s.

A Step Eleven prayer for morning and evening

In the morning

Lord, before this day starts, I give it to You. Keep me from fear and from running on my own will. Show me what You want me to do today, and give me the strength to do it. Make me useful to someone. Amen.

At night

Lord, thank You for this day and for keeping me sober in it. Show me where I was selfish, dishonest or afraid, and where I owe someone an apology. Forgive me, and help me make it right tomorrow. Amen.

Ten quiet minutes with this prayer

- [ ] Sit somewhere quiet. Put the phone in another room.
- [ ] Ask God to be with you and to quiet your mind.
- [ ] Read the Prayer of St. Francis slowly, out loud if you can.
- [ ] Go back to the line that stood out. Where is there hatred, injury, doubt or sadness in your day?
- [ ] Ask what it would look like to bring the opposite there today. Write down one thing.
- [ ] Sit still for a few minutes and listen. Then thank Him and get up.

WALLET CARDS (FOLD EACH PAIR IN HALF FOR A TWO-SIDED CARD)

Cut on the dashed lines. Print on cardstock if you can.

The Prayer of St. Francis

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

stepsandscripture.com

(continued)

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

stepsandscripture.com

The Prayer of St. Francis

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

stepsandscripture.com

(continued)

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

stepsandscripture.com

The Prayer of St. Francis

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

stepsandscripture.com

(continued)

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

stepsandscripture.com

The Prayer of St. Francis

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

stepsandscripture.com

(continued)

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

stepsandscripture.com

SCRIPTURE

> *"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"*
>
> **PSALM 46:10 · ESV**

> *"O LORD, in the morning you hear my voice; in the morning I prepare a sacrifice for you and watch."*
>
> **PSALM 5:3 · ESV**

> *"You keep him in perfect peace whose mind is stayed on you, because he trusts in you."*
>
> **ISAIAH 26:3 · ESV**

> *"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O LORD, my rock and my redeemer."*
>
> **PSALM 19:14 · ESV**