Scripture Memory Cards

How to memorize a verse

- [ ] Pick one card for the week. Start with the one you need most.
- [ ] Read it out loud three times, saying the reference before and after the verse, so the two stay together.
- [ ] Learn it in pieces. Say the first phrase until you have it, then add the next.
- [ ] Try the first-letter trick: write only the first letter of each word, and say the verse from those letters.
- [ ] Say it at set times: when you wake, at each meal, and before bed.
- [ ] Say it to someone: your sponsor, your spouse, a friend from church.
- [ ] Keep reviewing old cards once a day. A rubber band around the stack keeps them together.

Don't worry about getting every word right at first. Getting the meaning into your heart matters more than a perfect recital.

SHEET 1

Cut on the dashed lines. Print on cardstock if you can.

When I feel powerless

"But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."

2 Corinthians 12:9 (ESV)

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When I want to drink

"No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."

1 Corinthians 10:13 (ESV)

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When I'm afraid

"for God gave us a spirit not of fear but of power and love and self-control."

2 Timothy 1:7 (ESV)

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When I need to let go

"Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."

Proverbs 3:5-6 (ESV)

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When I feel ashamed

"There is therefore now no condemnation for those who are in Christ Jesus."

Romans 8:1 (ESV)

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When I need a fresh start

"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."

2 Corinthians 5:17 (ESV)

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When I'm anxious

"do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7 (ESV)

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When I'm worn out

"but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."

Isaiah 40:31 (ESV)

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SHEET 2

Cut on the dashed lines. Print on cardstock if you can.

One day at a time

"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

Matthew 6:34 (ESV)

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When I need to come clean

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

1 John 1:9 (ESV)

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When I need to tell someone

"Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working."

James 5:16 (ESV)

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When I look back at my day

"Let us test and examine our ways, and return to the LORD!"

Lamentations 3:40 (ESV)

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When I'm tempted to go back

"For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery."

Galatians 5:1 (ESV)

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When my thinking is off

"Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."

Romans 12:2 (ESV)

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When I lose hope

"For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope."

Jeremiah 29:11 (ESV)

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When someone else is struggling

"Bear one another's burdens, and so fulfill the law of Christ."

Galatians 6:2 (ESV)

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VERSES I'VE LEARNED

#	Verse	Week started	I can say it
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

SCRIPTURE

> *"I have stored up your word in my heart, that I might not sin against you."*
>
> **PSALM 119:11 · ESV**

> *"Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."*
>
> **COLOSSIANS 3:16 · ESV**

> *"But he answered, "It is written, "'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"*
>
> **MATTHEW 4:4 · ESV**